

MHA-NE

LINCOLN, NE

VISION: MHA Envisions a world where every person has the opportunity to grow, feel connected, and find community as their authentic selves.

Our mission: To promote a culture of hope and healing through Intentional Peer Support.

A Few Words from MHA-NE Executive Director Kasey Parker

Hands down, the favorite part of my job is listening to all the stories and in the true mission of MHA, watching people grow, feel connected, and find community as their authentic selves. I enjoy watching their transformation from when we first meet them, to who they are today, their hopes for the future, and their many accomplishments.

In this year's annual report, you will learn about MHA's incredible team of peers and all the tremendous work that they do. I encourage you to take time, review it, and don't hesitate to reach out if you have any additional thoughts. Thank you to so many for supporting the mission of MHA, we couldn't do it without our amazing partners.

Management Team

Kasey Parker - Executive Director Aneike Jones — Executive Assistant

Melissa Lemmer Chad Magdanz Ashley Wilksen Wendi Cohn - Human Resources Director

Tessa Domingus So Lieb Vanderlinden Kara Magdanz Julie Monfelt – Fiscal Director

Winona Harper

LaDonna Little Elk-Parpart

Emily Pineda

A Few Words from MHA-NE Board Chair Nichole Bogen

We are delighted to present our annual report, highlighting a year of remarkable progress and impact in the areas of mental health, peer support, and reentry programming. Our dedicated management team and committed employees have worked tirelessly to enhance the lives of those we serve, fostering hope and resilience in our community. Through their unwavering passion and innovative approaches, we have reached new heights, expanded our programs, and made significant strides in creating a supportive environment for all. This report reflects our collective achievements and sets the stage for even greater accomplishments in the future.

Our very active and dedicated Board of Directors play a crucial role in strategic planning, financial oversight, and supporting the work of MHA-NE. Through their efforts and MHA-NE employees, we secured a new transitional home in Omaha, Nebraska this year – Green House. While we still encounter misunderstanding and resistance from community members unfamiliar with MHA-NE's work and participants, we are hopeful that this new venture will provide much needed programming and support to those reentering the community from incarceration. We believe in second chances, and we know that lives have been and will continue to be changed for the better through MHA-NE. Thank you for your support of this wonderful organization!

Board of Directors

Nichole Bogen Chair Tammy Ward – Secretary John Puente Robin Eschliman Art Wilson Vice-Chair Kent Mattson Sherry Wimes Tammy Adcock Casey Gieseking Treasurer Edward Boone Lanetta Edison- Soe Tut Kailech



Keya house accessible room

Keya House

Keya house was created in 2009 and provides selfhelp and proactive recovery tools to regain and maintain wellness. Each guest gets their own private bedroom. Guest are able to stay up to five days at no cost.

Total guests	535
Total unduplicated guests	410
Average stay	3.5
Contact after checking out	44.2%



Honu Home

Honu home supports participants coming out of a state correctional facility or within 18 months after release or on parole or probation for a felony that have mental health and/or substance use and/or addiction issues.

Total guests 73

Average stay 77 days

Successful transitions 45



Green House in Omaha

Green House

We are currently in the process of developing a house and programs in the Omaha area. Property have been acquired and many relationships have been established in the community.



The REAL referral program works closely with law enforcement officials, community corrections officers and other providers to offer diversion from higher levels of care and to provide a recovery model form of community support with the help of trained Peer Specialists. The REAL program provides supports to Lancaster county jail through multiple avenues including WRAP and a graduate group.



Referrals received 637
Unduplicated referrals 606
Acceptance rate 53.8%
Unable to locate 0
Days open 95

Received referral's from

CARES

We consider a successful partnership to be when an individual has the resources they need to be independent, to heal, and to feel a sense of belonging in the community they are returning to.

Referrals received	204
Unduplicated referrals	201
Acceptance rate	97%
Days open	180 days

Employment Specialists are taught the fidelity of the evidence-based practice of supported employment. Services are integrated with comprehensive treatment teams of the participant's choice with competitive employment. The HOPE program received 41 participants with 16 of them obtaining employment. The program was able to successfully close 39% of the open referrals during the year.



The HOPE program also supports participants re-entering the workforce from the DOC and continues to support them after they are released. The Re-entry team received 291 referrals with 239 being successfully closed. The Re-Entry program also works with Peer Prevention where they were able to connect with 536 participants.



The KAME benefits program assists with comprehensive benefits planning (BS&A), applications and other issues related to benefits. Benefits Specialists work with the participant and maintain the peer support model so that participants are able to make informed choices in their lives. Referrals are received through VOC-Rehab and the HOPE program.

BS&A completed 30 Unduplicated 22

Community Supports

MHA provides WRAP (Wellness Recovery Action Plan) within the community and inside the facilities. The organization currently has five staff trained to be trainers in the program and 18 employees that can facilitate the program to others.

Total participants in the Community 124
Total participants in DOC 294
Total participated in the county 406

Starting in October 2023, MHA began providing Rentwise to the community and participants residing at the Work release Center.

Total Trained: 87

The foundation of the programs provided by MHA is through Intentional Peer Support (IPS). MHA currently has seven employees trained to teach IPS and provide training for our staff and community members. IPS is also provided in seven of the Correctional facilities and was able to train 20 people within the facilities. The trainer also provides weekly one on one conversation averaging around 433 meetings a month.

MHA provides warmlines at all houses. A warm line is a confidential phone line offering support for a variety of situations.

KEYA		HONU
13, 891	Total Calls	8,991
106,993	Time on Calls	130,639
2,108	Unique Callers (to location)	1,898
48 (3 other countries)	States Utilizing warmlines	49 (5 countries)

We have rebuilt our volunteer program and are seeing great success and growth through the program.

Number of Volunteers	21
Volunteer hours	741
Volunteers transitioned to employees	3

Behavioral Health Threat Assessment Training (BETA) is a training which provides advanced education on programs and practices that support individuals with behavioral health needs. BETA is a program designed to help Nebraska law enforcement officers and their partners achieve better outcomes when dealing with incidents involving individuals with mental illness.

The objective of BETA is to establish an integrated and coordinated process for identifying and responding to individuals who may pose a risk of harm to themselves or others. It focuses on how law enforcement officers and others can identify, evaluate, and manage the risk of future behavior, rather than solely apprehending and prosecuting offenders after a crime has been committed.

People trained in 202	3-2024	157
Total people trained ((unduplicated)	547

Community Connections



Yarrow Collective staff: Silen, Lucrecia, Shannon, Ashleigh, and Kyle spent three days touring NDCS facilities, talking with people currently incarcerated and touring MHA programs and houses. MHA learned that Yarrow is a plant that has many benefits including stopping wounds from bleeding. We think peer support is much like yarrow and can heal wounds. Thank you NDCS for allowing us to tour programs and visit with the population. We would especially

like to thank Malisa Kringle for all her support and work to make this happen.

Star City Pride is a volunteer-led nonprofit that meets in Lincoln for LGBTQIA2S+ pride events. MHA participated in the event this year and has for the last several years. Our participation was cut short this year due to severe weather and high winds.





MHA worked with Jeff Shannon of the Jeff Shannon Foundation to start the discussion of moving forward with the organization's mission to build a new Honu to support the future of MHA endeavors.

MHA and Lancaster Country Jail were provided training from Policy Research Associates on how being trauma informed improved responses in the criminal justice system. The training was presented by Lisa Calahan, PhD, Travis Parker, MS, LIMHP, CPC and John Watts, DCJ of Policy Research Associates. MHA was able to have three staff trained in the model as trainers.



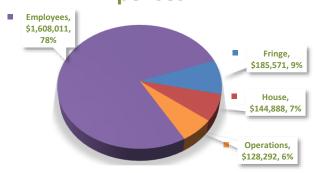


MHA has sponsored a softball team for the last several years. The team is made up of community members, employees, previous employees, and friends of MHA. They say that no matter what the band of brothers and sisters from different walks of life, we can all come together and change the world.

Financial Trends

Column1	2022	2023	2024
Total Assets	\$1,024,805.70	\$623,650.45	\$1,377,256.55
Total Liabilities	\$136,045.57	\$159,435.78	\$478,346.53
Net Assets	\$888,760.13	\$464,214.67	\$898,910.02
Current Assets	\$900,218.83	\$462,922.25	\$700,373.29
Current			
Liabilities	\$64,627.22	\$92,583.69	\$108,155.56
Current Ratio	13.93	5.00	6.48
Grant	\$1,994,742.58	\$1,988,038.53	\$2,946,564.85
Other income	\$346,996.20	\$65,736.94	\$263,843.53
Total Income	\$2,341,738.78	\$2,053,775.47	\$3,210,408.38
Total Expenses	\$2,081,761.56	\$2,478,320.93	\$2,775,713.03

Expenses





Thank you to our 2023-2024 supporters

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Your donation makes our work possible

Your contributions empower us to continue and expand our impactful services. Every donation makes a real difference in the lives of those

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