Mental Health Association of Nebraska 1645 N Street Lincoln, NE 68508 402 441-4371

Volunteer Information Sheet

Thank you for your interest in volunteering with the Mental Health Association of Nebraska. We have found there are so many people wanting to give back; we greatly appreciate your desire to help. We are fortunate to have volunteers in several capacities.

The Majority of service is done at the Keya House. It is a 24/7 Program; however the main hours of volunteering are 4 hour shifts between 7am and 11pm. If you are interested in serving in a different area, please indicate this on the 'Interested in Volunteering' Page.

The Mental Health Association of Nebraska strives to provide an alternative support to those living with mental health and/or substance abuse issues. We believe using our own experience with these issues can benefit someone else's recovery and that we can be a support in their

journey.

There are times when we cannot accept any more volunteers, but we will keep your information on file for the future. You are welcome to call the Volunteer Coordinator if you have any further questions or comments.

If you would like more information on MHA-NE's different programs, please visit www.mha-ne.org.

Again, thank you for your interest in serving with the Mental Health Association of Nebraska.

Ashley Wilksen Keya House Coordinator Mental Health Association of Nebraska awilksen@mha-ne.org 402 261-5959

Mental Health Association of Nebraska 1645 N Street Lincoln, NE 68508 (402) 441-4371 Admin use only

Date received:	
Date Contacted:	
Interested in Volunteering? Name First Last (Please Print)	Birth date
Address_	
PhoneEmail	
Best time to contact you?	
How did you hear about MHA-NE?	
What area(s) are you most interested in volunteering in?	
Do you have personal/professional experience in the mental health/su yes, please describe:	

Do you have access to reliable transportation? YES NO

Would you be most in	nterested in (cir	cle any that apply):	Weekdays	Weekends
Mornings	Evenings	Overnights		
Are you currently em	ployed? YES N	O If yes, where?		
Any additional comm	nents or informa	ntion you feel we shou	ıld know?	
		tal Health Association of 645 N Street Lincoln, N (402) 441-4371		
Admin use only Date received:				
Date Contacted:				
Please be aware that Nebraska volunteers. experiences with mer to be flexible with ce I have provided curre	We understand ntal health/substrtain charges.	that legal troubles car rance abuse issues; be	an come along with cause of this, we	ith our lived
Signature		Date		
Please return fully co	mplete forms to):		
Keya House 2817 S	14th street Linco	ln, NE 68508 *you m	nust call first (402	2) 261-5959
OR				
Region V Systems B	uilding, Mental	Health Assoc. of NE	1645 N Street L	incoln, NE 68508

If you have any further questions, please contact Ashley at the Keya House. Thank you again for your interest in joining the Mental Health Association of Nebraska team as a volunteer.