

MHA-NE

Annual Report

2025



The 2025 Annual Report highlights MHA's key achievements, financial performance, and strategic initiatives over the past year. This report provides an in-depth look at the organization's growth, operational success, and contributions to our community, as well as our commitment to sustainability, innovation, and community engagement.



MHA Mission:

To promote a culture of hope and healing through Intentional Peer Support.

MHA Vision:

MHA envisions a world where every person has the opportunity to grow, feel connected, and find community as their authentic selves.

A few words from our Executive Director, Kasey Parker:

Dear Friends, Supporters, and Partners,

This year I celebrated 20 years of employment with MHA. As I reflect over the years, I am filled with gratitude for the incredible journey our organization has taken. What began as a small community rooted in the power of lived experience has grown into a thriving network of support and healing. This year also marked another milestone for us. Not only did we expand our reach from Lincoln to Omaha, but we opened two new houses, each home a testament to the resilience and strength of our staff and the people we serve. With this growth came the need to evolve our structure and deepen our capacity. To that end, we undertook a significant organizational restructuring and welcomed two Directors of Operations who now support our team to further carry out the mission of MHA. This kind of growth does not happen by accident. It happens because of the commitment of our staff, the courage of our participants, and the trust and guidance of our supporters. We are building more than programs, we are building a movement rooted in people with lived experience, community, and the belief that recovery, dignity, and opportunity belong to everyone. Thank you to each and every one of you who walked any part of this journey with us.

With gratitude,
Kasey Parker
Executive Director

MHA Board of Directors

Nichole Bogen, Board Chair

Vacant, Vice Chair

Casey Giesecking, Treasure

Tammy Ward, Secretary

Kent Mattson

John Puente

Sherri Wimes

Trey Wayne

Brian Jackson

Lanetta Edison-Soe

Robin Eschliman

Tut Kailech

Art Wilson

Tu Tran

Edward Boone

A few words from MHA's Board of Directors Chair:

This past year has been one of remarkable growth and impact for MHA. We successfully expanded our reach into rural counties and Omaha, broadening access to peer support and a variety of resources throughout southeast Nebraska. A highlight of this expansion was the acquisition of two beautiful new properties in Omaha which now serve as safe, welcoming spaces for those we support. Only months after acquiring the houses, we were able to open the houses and start accepting guests. This further demonstrates our commitment to providing stability, hope, and opportunity for individuals on their path of recovery. These milestones reflect not only our organization's dedication but also the support of our partners, staff, and community.

Thank you,
Nichole Bogen
MHA Board Chair

MHA Relocates



After 20 years of working in a shared space alongside a valued community partner, we are excited to have transitioned into a newer and updated space of our own. This move marks a significant milestone in our journey, reflecting both growth and a renewed commitment to serving our mission with greater focus and independence. While we are deeply grateful for the years of collaboration and support in our shared environment, having a dedicated space allows us to better meet the evolving needs of our community, expand our programs, and create a welcoming space for all who walk through our doors.

Management Team



Kasey Parker, Executive Director

Julie Monfelt, Fiscal Director

Tessa Domingus, Director of Operations

Ashley Wilksen, Director of Operations

Seth Moyer, Fiscal Coordinator

Kara Magdanz, Office Coordinator

Melissa Lemmer, Kame Benefits Coordinator

Humza Iqbal, R.E.A.L. Coordinator

Jeanna Reiber, H.O.P.E CARE Coordinator

Chad Magdanz, Special Projects Coordinator

Winona Harper, Keya House Coordinator

Ryan Pospisil, Omaha Expansion Coordinator

LaDonna Little Elk, Honu Home Coordinator

Emily Pineda, Honu Home Coordinator

MHA Fiscal Highlights



MHA's budget for FY 24-25 was \$3,341,000 and is currently funded by ten different agencies. MHA was gifted a house in Omaha that we are utilizing as a transitional home, and the value of the property is over \$1,000,000! Seth Moyer was hired in April 2024 to assist Julie with the fiscal aspects of the company and is doing wonderful things! We implemented a payroll /HR system in December 2024, and we were able to attain property tax exemptions for all three of our houses.

H.O.P.E & CARES



This year, MHA combined the H.O.P.E. Supported Employment Program and the CARES Program. The H.O.P.E. CARES Team served 408 people in obtaining employment, housing, food, clothing, and navigating all the resources provided throughout the Lincoln community. The team also facilitated a peer prevention group which was attended by 635 people who are currently incarcerated.

R.E.A.L Program



This year, MHA's R.E.A.L. (Respond, Empower, Advocate, and Listen) Program received a total of 566 referrals from local and rural law enforcement agencies, County Jail, and trusted community partners. Of the 566 people referred, MHA Peers were able to locate 353 of the individuals which resulted in 78% of the people accepting services. These referrals connected individuals facing significant challenges such as mental health issues, substance use, housing instability, and other barriers to the supportive services they were seeking. By collaborating with justice and community systems, we are supporting individuals in accessing resources that promote stability and long-term well-being across our community.

Keya House



Keya House continues to serve as a small but powerful space for health and growth, offering peer led, trauma informed respite to individuals seeking support. Over the past year, Keya House welcomed 156 overnight guests, staying on average for four nights. In addition, 60 people visited the house for day support, 27 of whom had previously stayed. A total of 166 satisfaction surveys were collected, reflecting overwhelming positive feedback: 161 guests indicated that they would use the house again, and 142 reported that their stay helped them avoid higher levels of care. These numbers underscore the vital role Keya House plays in supporting community wellness and recovery.

KAME Benefits Program



The Kame Benefits program completed 42 benefits analyses over the past year, providing essential education and guidance to individuals receiving Social Security Disability Insurance (SSDI) or Supplemental Disability Income (SSI). The program supports participants in better understanding the work incentives available to them and empowering them to make informed decisions about employment. This often results in reduced reliance on disability benefits and fosters a renewed sense of purpose as individuals pursue meaningful work opportunities that align with their goals and interests.

Honu Home



This year, Honu Home continued to be a vital source of stability and support for individuals reentering our community after incarceration. As a transitional living home, Honu Home provided a safe and healing environment where approximately 100 guests received support in securing housing, employment, reconnecting with family and friends, and accessing food and necessities. Through personalized care, community partnerships, and a focus on dignity and respect, Honu Home supported individuals in rebuilding their lives, reducing barriers to success, and taking critical steps to long-term independence and reintegration.

MHA Expands into Omaha



In 2025, MHA proudly expanded our mission driven work into Omaha, Nebraska, with the opening of two beautiful homes designed to support individuals successfully reintegrating back into their communities. These residences, located in well-established neighborhoods, offer safe, recovery-focused environments that foster healthy living and community reintegration.

In the short time the houses were open, MHA peers served 23 guests, providing compassionate, person-centered support. The expansion marks a significant step to our commitment to creating inclusive, supportive spaces where all people can feel connected and thrive.



House Guest Total Number of Days



Terrapin Station:

Parole days: 198
Probation days: 6
Total days: 504

Green House:

DOC/VLS days: 179
Probation days: 49
Total days: 228



Honu Home:

DOC/VLS days: 2,023
Parole days: 1,891
Probation days: 1,216
Total days: 5,130

MHA Food Pantry



In FY 24-25, MHA purchased \$1,829.26 of food from the Food Bank of Lincoln.

The MHA Food Pantry received \$900.35 in donations. MHA served 2,844 families, 7,918 individuals, and 912 families with children. MHA received 182,932 pounds of food from the Food Bank of Lincoln. On average, MHA served 55 people per week, not counting Honu guests. The average cost per family was \$.64. MHA worked with several other organizations to provide food to their participants including: IBHS, Oxford Houses, Families Inspiring Families, Food Fort, The Malone Center, Region 5 Systems, and participants throughout all of MHA programs.

Wellness Recovery Action Plan W.R.A.P



MHA has thirteen level II W.R.A.P. Facilitators and four Advanced Level Facilitators. Eighteen 10-week groups were facilitated inside NDCS, 164 ongoing groups were held inside the Lancaster County Jail. MHA facilitated 45 ongoing men's groups inside the Lancaster County Jail.



Intentional Peer Support

IPS



In FY 24-25, MHA had seven IPS Facilitators on staff. Five Facilitators designated support for Peers residing within NDCS and two facilitators designated to MHA staff training. During this time, 107 people within the walls of NDCS were certified in Intentional Peer Support (IPS). IPS meetings were held weekly at NSP, RTC, TSCI, OCC, NCYF, and NCCW.

MHA Fun Facts

Rentwise

MHA Trained 82 people in RentWise. Nine groups were held in Lincoln, and three groups were held in Omaha.

Warmline Calls

A warmline is a free, non-crisis peer support service offering support via phone for individuals experiencing mental health issues, stress, loneliness, etc. Unlike hotlines, they are not for emergencies but serve to provide early intervention and a confidential, non-judgmental space for connection and support. The Keya House averages 833 warmline calls per month.

